

FIRST
RESPONDERS
FOUNDATION

Impact Report

2022





FIRST RESPONDERS FOUNDATION

Mission

The mission of the First Responders Foundation is to serve and honor all our First Responders, Veterans and their families; build appreciation and respect for their work; and enhance public safety.

Vision

By 2025, be an organization critical to the maintenance and enhancement of public safety in our communities. To serve as a recognized social impact organization supporting First Responders, Veterans, and families.

This will be accomplished by providing caring support to communities and offering tailored individual and family wellness programs and services for First Responders, Veterans and their families.

By 2030 critical services will expand programs and services through Chapter representation in multiple states and national strategic collaborations and alliances.

BOARD OF DIRECTORS

**“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.
Leo Buscaglia**

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Behavioral
Health Clinician

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Director of
JAVELAN

Robert Dean
JAVELAN



MESSAGE FROM THE PRESIDENT AND BOARD CHAIRMAN

An organization's annual impact report should reflect both the dedication to its mission and its urgency as to how it fulfills those priorities.

In 2022, the First Responders Foundation accomplished this with huge momentum in our key pillars that put First Responders, Veterans and their families at the center of everything we do.

Meeting the needs of these communities with a strategic approach to programmatically and geographically grow allowed us to increase the reach of our services while also refining them to better serve.

Leading the way with experienced culturally competent clinicians providing mental health training and therapy, the Foundation utilizes all resources to positively impact the lives of the first responder community. We have realized tremendous growth in demand for these services as the pandemic subsided and first responders and their families began seeking help for themselves. This care is critically important and we are committed to assisting as many as needed.

In 2022, we responded to the growing demand from Law Enforcement departments to better train their Officers in the wake of the George Floyd incident. We continued partnering with a local Police Officer with more than a decade of training experience to open Omaha's first Certified Training Center of Gracie University. Gracie Survival Tactics (GST) is a revolutionary defensive tactics system based on Gracie Jiu-Jitsu that incorporates time-tested techniques into an easy-to-learn system designed to help officers verbally and physically de-escalate while humanely prevailing resistant and/or aggressive subjects. Brazilian Jiu-Jitsu (BJJ) has proven to be a significant contributor to enhanced officer wellness and resiliency at law enforcement agencies throughout the country.

Along with the LEO curriculum, Gracie University trained our instructors in the curriculum for Gracie Combatives, Women Empowered, and Gracie BullyProof programs. This mixture of programming offers community support to children and women, and the opportunity for regular citizens to train and work out next to active-duty Police Officers. Many of our Officers/Deputies/State Troopers bring their entire families to train with them. We have expanded the number of classes for all curriculums and will add two additional instructors to keep pace with demand. To date, we have just over 150 regular members including approximately 30 children learning non-violent anti-bullying strategies.

JAVELAN, our service dog program has fully integrated and in December we hired our first employee to support the program. JAVELAN saves the lives of our nation's and community's heroes by connecting them with a suitable dog and training the individual to train their dog - all for no cost to the veteran or retired first responder. We focus on using shelter/rescue dogs in order to save an animal at the same time we save a hero. Our 100th team graduated this year and we expect demand to continue increasing.

Our approach to growth took another positive step forward as we enlisted the assistance of outside experts to help draft our Strategic Growth Initiative. To date, including Omaha, we have established chapters in six communities in three states.

Chapters allow for more first responders and veterans to benefit from the services we offer and for citizens in these communities to work closely with their first responders to show their appreciation while raising funds to support local needs.

Our Iowa mental health office continues to advance and serve as a base of operations for our Iowa efforts. We continue discussions with other communities in Iowa to form Chapters. Looking forward to 2023, staff will be conducting mental health checkups for Iowa State Patrol, presenting at the Iowa State Emergency Managers Conference, and hiring a full-time mental health therapist for the Iowa office.

In 2023 we will continue our Strategic Growth Initiative, and add a Spiritual Health Component to our offerings by establishing a network of faith leaders from all faiths; who are often the first contacts from first responders seeking help with mental health.

Other community outreach activities include ways to incorporate children from at-risk communities to participate in BullyProof classes. We will focus on partnering with fire departments to establish a fund for people in need who are affected by fires and will harness the power of digital communication to bring more training and assistance to a greater number of first responders, veterans and their families.

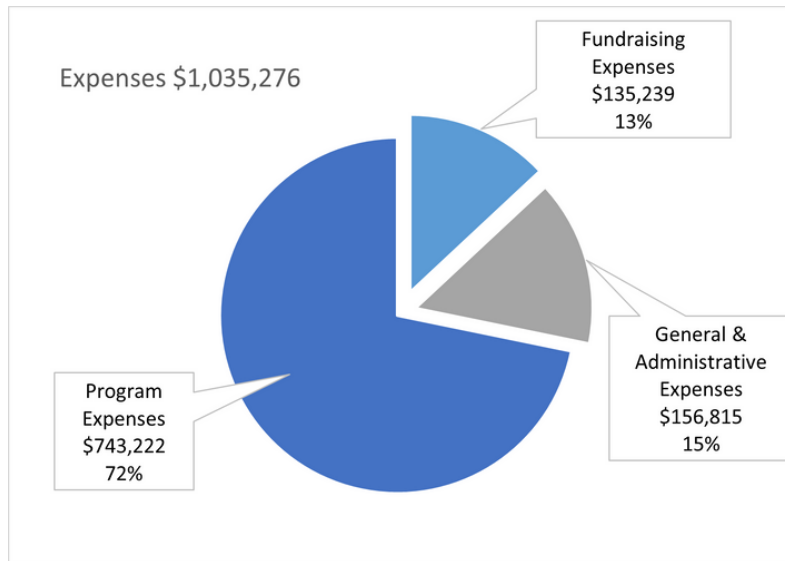
Sincerely,

Todd Sears, President

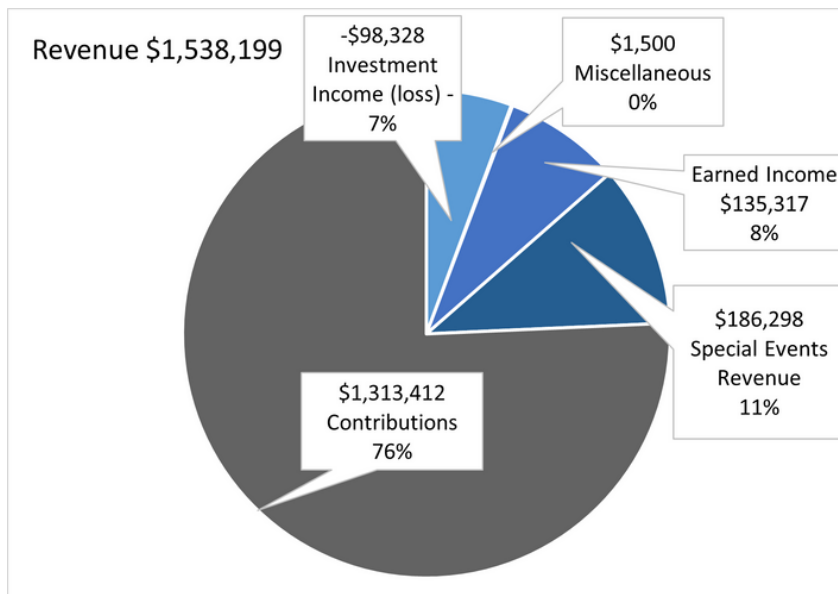
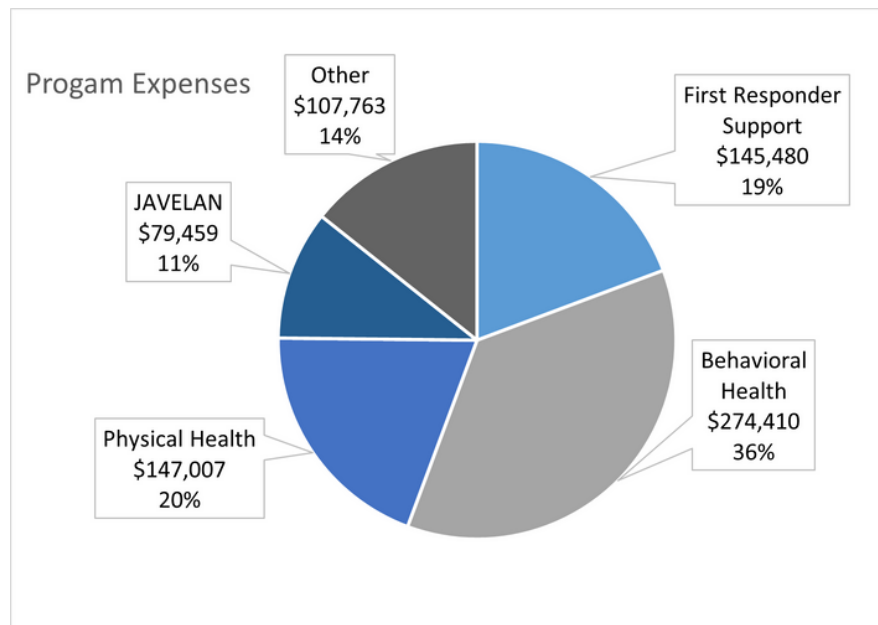
Mike Corrigan, Chairman of the Board



FINANCIALS



A positive audit report was received from Seim Johnson, LLP of the 2021 Financials.





Events, Community Collaborations & Fundraisers

Foundation Events

Awards of Excellence - Awarded 47 children of first responders
1st Annual Family Outing at the Bellevue Berry Farm & Pumpkin Ranch
2nd Annual Guns & Hoses Hockey Match
4th Annual First Responders & Military Appreciation Night
at I-80 Speedway with special honors to Cpl Deagan Page.
6th Annual 9/11 Luncheon of Honor
14th Annual Appreciation Lunches - with special thanks to Omaha Steaks,
Chick-fil-A, NFM, Midwest Premier Beverage, inTouch Communications,
PIP Marketing, Signs, Print, & Farm Credit Services

Community Collaborations & Fundraisers

9/11 Stair Climb
America Warrior Initiative
Chasers Charities - Storm Chasers Game Patriotic Jersey Auction
Club Car Wash
Community Foundation for Western Iowa/Giving Tuesday
Corwin Cares
"Disohrted" Affair
Dog Days of Summer Car Show
eXclusive Listing Group Berkshire Hathaway Ambassador Real Estate
First Responders Race Team
Full Fledged Brewery CB, IA "Worthy Cause" Recipient
Girl Scout Spirit of NE
HyVee My Heart Bag
ICAN
K Rush It Golf Tournament, honoring Kevin Rush Spl Agent/Fire Investigator
Kataaro Custom Martial Arts Products
Kendra Scott Village Pointe
Knott Forgotten Event honoring OFD firefighter Jeremy Knott
Makers Mark Private Selection First Responders Barrel
NE Grand Chapter of the Order of the Eastern Star
Oak Hills Country Club Member Donation Drive
Paul Davis Golf Tournament
Rock Solid for Jesus
Ruck for Resiliency/Mario Herrea March - Lincoln Chapter
Ruck-it Up 4 Warriors
Share Omaha - Do Good Week & Giving Tuesday
St. Martian of Tours Episcopal Church - Community Champions Recipients
Summit Media
Taco Johns/Bremer Restaurant Mgt. - Omaha & Council Bluffs Locations
Take Flight Farms
Why in July - Omaha Police Department

BEHAVIORAL HEALTH

1:1 Sessions

667 sessions with 126 individual participants.

1

2

Those Served

3,131 unduplicated participants in Training and Sponsored Events.

Crisis Intervention

21 Crisis Intervention sessions with 28 participants.

3

4

Resiliency Training

24 Sessions (2 hours each) for 657 participants.

Suicide Prevention

16 Training Sessions (2 hours each) for 555 participants.

5

6

Substance Use

3 Prevention Trainings (2 hours each) for 297 participants.

Post Incident Recovery

5 Training Sessions for 90 participants.

7

8

Behavioral Health Wellness

2 Sessions for 527 participants.

Law Enforcement Academy Training

2 Sessions of Role Play/Death Notification/Suicide Awareness & Prevention to 44 participants.

9

10

Peer Support Training

3 Days of training - 21 hours
3 Basic Sessions to 60 participants
2 Advanced Sessions to 52 participants.

11

Clinician Training

12 hours to 17 participants.

12

4 Support Groups

Peer Support, Spouse Support, Substance Use & Medical Support.

All participants are unduplicated.

JAVELAN PROGRAM 2022 STATISTICS

SERVICE DOG TRAINING FOR VETERANS & FIRST RESPONDERS

TRAINERS

In 2022 the JAVELAN Program had 7 Trainers in Omaha and 1 Trainer in Norfolk.



APPLICANTS

In 2022 the JAVELAN Program received 29 applications and 10 Teams graduated including the 100th Team.



PART-TIME STAFF

In 2022 the Foundation hired a part-time staff person to focus solely on the JAVELAN Program. Prior to this the program was staffed other than Trainers by volunteers. The director position is still staffed by a volunteer.



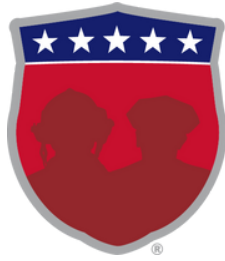
GRADUATES FROM 2017 - 2022

From 2017 - 2022 there have been 110 teams graduate from the JAVELAN Program.



The JAVELAN Program funds service dog training for veterans and retired first responders, restoring purpose and independence for our nation's heroes.

**In 2022 we updated
our brand including
new logos for the
Foundation &
Chapters**



**FIRST
RESPONDERS
FOUNDATION**



**FIRST
RESPONDERS
FOUNDATION**
KEARNEY, NE CHAPTER



**FIRST
RESPONDERS
FOUNDATION**
LINCOLN, NE CHAPTER



**FIRST
RESPONDERS
FOUNDATION**
COUNCIL BLUFFS, IA CHAPTER



**FIRST
RESPONDERS
FOUNDATION**
PAPILLION, NE CHAPTER

Brand Purpose

We exist to honor, support and care for the overall well-being of first responders, veterans and their families. We are relentless in our service to First Responders, Veterans and their families out of an immense appreciation and respect for their work and contributions

Brand Values

HONOR

PARTNERSHIP

SERVICE

RESILIENCY

INTEGRITY

Brand Promise

To serve First Responders and Veterans with the same commitment with which they have served.

IN HONOR

Grand Family of Order of Eastern Star
John Koenig
Jeremy Knott
Michelle Fulmer
Nebraska Medicine Oncology team

IN MEMORY

Scott Peterson
Carole Lockhart
Roger Elliot
Maurice Morgan
Judy Shields
Dr. Timothy Peterson
Daniel Hoyt
Rita Mary Pratt

DONORS

\$100,000 & ABOVE

Charles E Lakin Foundation
Sherwood Foundation
The Rod Rhoden Foundation
West, Mary

\$25,000 - \$50,000

American Warrior Initiative Inc
Anonymous Donor
Christopher Bremer Foundation
Corwin Toyota of Bellevue
Dr. CC & Mabel L. Criss Memorial Fnd
Girl Scouts Spirit of Nebraska*
Gordman, Linda & Nelson
Grand Chapter of Nebraska Order of
the Eastern Star
Kim Foundation
Prime Time Healthcare
Woodmen of the World

\$5,000 - \$24,999

Access Bank
Applied Underwriters
BCBSNE
Bob Vance Agency Inc.
Bremer Restaurant Management
Catholic Health Initiatives
Chick-fil-A*
Club Car Wash Operating, LLC
CommonSpirit
Cox Communications
Edward and Lida Robinson, -
Charitable Trust
Fiserv
Highline Warren
Hodgson, Clague & Kristi
Lindsay Corporation
Maddox, Malorie
Middleswart, Carla
NP Dodge Co
Omaha Broadmoor
Omaha Northwest Rotary Fnd, Inc.
Paul Davis Systems of Omaha Inc
Quinn, Ron & Teri
Scheels
Schrader, Wilfred
Security Equipment Inc.
Sederstrom, Charles
Senior Market Sales
Walmart



Please accept our apologies if we have
inadvertently omitted a name.
Every gift is important to us and greatly
appreciated.

DONORS CONTINUED

\$1,000 – 4,999

American Legion Riders - Lincoln Chapter
Anonymous - Facebook Payments Inc.
Art Jetter Company
B&D Turf Cars LLC
Basham, J Keith & Stephanie
Batschelet, Allen & Terri
Blumkin, Ryan
Cassling, Michael
Charleston Homes
Chasers Charities
Commercial Flooring Systems
Cox Charities Community Investment
Dacus, Wesley
Daugherty, Linda
Ellen & Richard Slosburg Family Foundation
Engles, Ketchem, Olson & Keith PC
Erikson Sederstrom Law Firm*
eXcLusive Listings Group / Schade, Trevor
Foundation One Bank
Fraternal Order of Eagles - Council Bluffs
Fraternal Order of Eagles - State Aerie
Fraternal Order of Police - Council Bluffs
Lodge #1
Gates, Gary & Kathy
H&H Automotive LLC
Hampton Enterprises Inc
HelpSystems
Hoberman, Gerald & Leslie
Hough, Geraldine
Hubka, Maxwell
Ike & Roz Friedman Foundation
Intouch Communications Inc.
Jacobson, Dennis & Betty
Kidwell Inc
Kielion, Emilie
Kiewit Corporation
Larue Coffee Charitable Foundation
Lincoln Police Union Memorial Fund Inc
Lund Company
Mariner Foundation
McAlpine, Tim and Mary
MECA
Metropolitan Utilities District*
MidAmerican Energy Company
Midlands Community Foundation
Millard American Legion Post Rider #374
Millard, Mark & Denise
Mutual of Omaha
Nebraska Department of Labor
Nebraska Medical Center
Nebraska Methodist Health System
Nelson, Robert & Betsy
Nestle Purina
NFM*
Nguyen, Tien
Noddle Development
North Channel Capital/ McAlpine, Randy
Olsson/ McPeak, Jeff
Omaha Downtown Rotary Club Foundation
Omaha Steaks
OPPD
Pflanz, Benjamin & Melanie
Physicians Mutual Insurance Co
Pinnacle Bank
Play It Again Sports / Messina, Richard
Pottawattamie County Community FND
Reagan, Melton & Delaney LLP
Roffman, Silvia

* Denotes in-kind donation

continued
Saltdogs
Sandhills Global, Inc.
Satorie Properties LLC / APEX
Schenarts, Dr. Paul
Seal-Rite Insulation Inc.
Sensible Websites*
Simon, Todd & Betiana
Southern Glazer's Wine & Spirits Charitable Fnd
State Farm
Steiner, Gary A
Stinson, Kenneth & Ann
Stolp, Carol
The Ambassadors
Union Bank & Trust
University of Nebraska Foundation
UNMC
U-Stop / Whitehead, Mark
Valmont
Versaw, Robert
Wier, Susan

\$500– \$999

American Legion Post 266 Bennington
Bridgepoint Investment Banking Charitable Fund
Casey's
College World Series of Omaha
Conley, Paul
Corrigan, Michael
Don & Ron's CARSTAR Collision Center
Dynamix Strength and Fitness
Elliot, Roger & Judy
Eye Surgical Associates LLC
FireHouse Subs / Gergen, Mike
Goldstein, Don and Andi
Gordman, Kip & Bridget
Gretna Fire Department
Heafey Hoffmann Dworak Cutler
Herring, Adam and Ana
Holland, Timothy & Jonna
Kaslow, Howard & Gloria
Kay, Debra
Kendra Scott LLC
KLKN Lincoln Operations LLC
Knights of Columbus - Wild Game Feed
LBUG LLC
Lebens, Michael & Susan
Lougee, Nancy
McGill, Rediger & Simmons
Metropolitan Community College
Midlands Auto Repair
Oak Hills, Inc.
Omaha Running Club
Panneton DDS, Mark
Patten, Kevin & Amy
Pilgrim, Kay
Rock Solid For Jesus - Ruth Dolan
Rocket 3 Minute Wash LLC
Ruck-it Up 4Warriors
Seim Johnson LLP
Shackman, Bruce & Anne
Sid Dillon Chevrolet Blair Inc
Swanson Russell / Schott, Brent
The Cost of Discipleship Foundation
Ultimate Truck Off Road
United Distributors, Inc.

\$100 - \$499

Addison, Timothy & Megan
Alpha Delta Kappa
Amazon Smile
Armbruster, Amy
Armored Knights Inc
AM Functional Fitness LLC
Barnes, Anne
Belford, Thomas M. and Lee
Bengtson, Shawn
Beresh, Steven & Kellie
Birchwood Homes, Inc.
BlueCross BlueShield Federal Employee Program
Bohi, Daniel & Barbara

continued
Bowes, Bill
Butler, Michelle
Chenoweth, Susan
Commercial State Bank
Connelly, Steven
Crews, Spencer
Crowe, Barbara
Designwear Inc
Dial Senior Management Inc
Dundee Bank
Durward, Quentin & Susan
Easley, Gregory
Essex Fells Elementary - Kicks for a Cause
Fifth Ave United Methodist Church
Forehead, Cindy & Steve
Friedman, Sanford and Amy
Front Street Brewery Inc
Fundamental Brewing Company LLC
Garibaldi, John & Colette
Goldner, John
Graeme, R. B.
Great Plains Uniforms, LLC*
Gulbrandson, Michelle
H7 Catering
Hancock, John and Ibbby
Hanson, Rose & James Jr
Haubach, William
Hennigan, Karen
Hoberman, Bruce
Hull Emergency Medical Service/
Franken, Cedric
Iowa State Council of NAIW
Joshua Medical Centers LLC
Jurgens, Elyssa
Kaczmarek, Alexandra
Kahian, Steven
Keiderling, William
Kiwanis Club of Lincoln
Kleinberg, Marsha & Milton
La Roche University Criminal Justice Club
Larson, Julia
Living Spaces
Lonbom, Kirk
Maher, Brian & Susan
Manners, Rachel & Travis
McKinley, Henry
Microsoft Matching
Mikesell, Jeff
Milford Mennonite Church
Morgan, Patricia
Murphy, James & Rita
Myhr, Lori
Nelson Murphy
Newman, Murray and Sharee
Nguyen, Duylinh
Ossowski, Katie
Parker, Michael
Petersen, Steve and Sherri
Pettid, Cathy
Phillips, Christine
PIP Printing Co*
Premier Midwest Beverage*
Roach, Justin
Roskens, Lisa
Saint Albert Catholic Church
Sears, Todd & Brenna
Simpson, Judy
Somberg, Ken and Carrie
St Mary's Church of Bellevue
Stamm, Marilyn
Stinn, Ron
Stoermer, Mary & Brad
Swank, Rachel
TAGG Together a Greater Good
Teal, Jodi
Three Rivers Ambulance Authority
Urology Center PC
Vork-Lynch, Ronda
Whitted, Christiaan & Tamara
Wiemer, Denise



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Council Bluffs, IA Chapter

Papillion, NE Chapter

Lincoln, NE Chapter

Kearney, NE Chapter

Logan County, IL Chapter

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