



2021 Annual Impact Report

First Responders Foundation





FIRST RESPONDERS FOUNDATION

Mission

The mission of the First Responders Foundation is to serve and honor all our First Responders, Veterans and their families, build appreciation and respect for their work, and enhance public safety.

Vision

By 2025, be an organization critical to the maintenance and enhancement of public safety in our communities. To serve as a recognized social impact organization supporting First Responders, Veterans and their families.

This will be accomplished by providing caring support to communities and offering tailored individual and family wellness programs and services for First Responders, Veterans and their families.

By 2030 critical services will expand programs and services through Chapter representation in multiple states with national strategic collaborations and alliances.

CARING FOR THE MENTAL AND PHYSICAL WELLNESS NEEDS OF FIRST RESPONDERS.



Although some resources and employee assistance programs (EAPs) are accessible, there is significant interest in more resources and support for mental and physical wellness tailored to the First Responder and Veteran communities. In response to these findings, engaged and dedicated professionals are advancing the development of several strategies to support first responders.

**12 Different
Types of
Programming**

**4 Types of
Support
Groups**

**4 Types of
Community
Meetings**

**14 Different
Departments
Recieved
Programming**

**1,072 Attendees
Participated in 143
Behavioral Health
Workshops,
Programming and
Services**

JAVELAN Highlights:



- Added 5 new trainers
- Added 2 program members
- Instituted new policies, procedures, and standards based on national benchmarks to ensure a stable, efficient & accountable program for the next phase of our growth
- Two major fundraising efforts: Motorcycle Raffle & Corndog Classic Poker Run

"I am incredibly impressed with both the quality and quantity of the programs, workshops, support groups and training created by the new leadership of the Foundation for the mental and emotional well-being of our First Responders and their families." Ray Somberg, Founder



BOARD OF DIRECTORS

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STAFF

Allen Batschelet President and CEO	Adam Tripp Director of Physical Health
Jodi Teal VP of Operations and Development	Brian Bonifas Director of Physical Training
Jason Workman Director of Behavioral Health	Leah Harms Coordinator of Physical Wellness
Gina Mowat Director of Events	Leslie Hartmann Behavioral Health Clinician
Patrice Monnier Director of Social Media	Tim McAlpine Director of JAVELAN
Diann Swigart Coordinator of Community Engagement	Mike Kraus Co-Director of JAVELAN

MESSAGE FROM THE CEO & PRESIDENT AND BOARD CHAIRMAN

As we read through the following annual report, we are struck by what has been achieved in the past year. Even through the COVID -19 restrictions, we saw growth to serve the behavioral and physical health needs and challenges faced by first responders and Veterans. Highlights include incorporating JAVELAN and adding a Gracie-certified Brazilian JiuJitsu training academy. In addition, our geographic footprint is expanding with the new chapters forming.

Despite the challenges and constraints, it has been a productive year, which would not have been possible without our partners, donors, and community. That's a testament to the commitment and compassion for first responders. It hasn't always been easy. We've asked more from our first responders than ever. More than ever before we understand the mental and emotional challenges of first responders and the need for mental health system change. The result of all that effort is undeniable. The question is, where do we go from here?

And the answer is this: It's time to move from merely promoting mental and physical health to addressing the root causes of the need itself. This will involve a shift in thinking. The lasting impactful change we want to see will take time. That is why the First Responders Foundation invests for the long term. We can do this because of the incredible faith and foresight of our donors, collaborators, and Department Leaders.

While the needs and the incredible potential of our first responders have never been greater, every day we see the impact of our donors' generosity and investments. Though we cannot be confident of what the future holds, we can be clear and resolved in our mission: to serve and honor all our First Responders, Veterans and their families, build appreciation and respect for their work, and enhance public safety.

Moving forward, we will continue to adjust to the new normal in our environment and adapt to a changing culture. Most important, in collaboration with other organizations and Departmental Leadership, we look forward to reducing the stigma of mental health and increasing avenues for strengthening the resiliency and emotional well-being of First Responders, Veterans and their Families.

Looking forward to increasing services we will have new opportunities in 2022:

An Iowa office for services - allowing space to meet with a mental health clinician in Iowa.

Online Training - nationally available on-demand CEU opportunities.

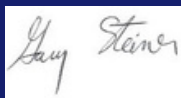
A new Chapter in Lincoln, NE

These additions to programming offer opportunities for first responders to effectively train and receive mental health direction without the burden of travel time. Opportunities to serve first responders where they are (mentally, in training and geographically) assist with diminishing staffing, keep first responders in their districts, and allow increased time with family. We were made for this moment to strengthen the future.

Sincerely,



Allen W. Batschelet
Major General, U.S. Army (Ret)
CEO First Responders Foundation



Gary Steiner
Board of Directors Chairman
First Responders Foundation

**"Look for the helpers. You will always find people who are helping."
Mr. Fred Rogers**

Community
Functional fitness
workouts every
Saturday in July and
August averaged
5 attendees.

Respond Stronger
Functional
Fitness classes
Friday's Feb. - April
averaged 4
participants
per class

Physical
Fitness area added a
Gracie Jiu-Jitsu®
Omaha Instructor,
Gracie Bullyproof®
& Gracie Survival
Tactics



69
Participants in Rock Solid
for Jesus
12 week fitness and
social gathering
sessions

32
Open Gym
Memberships
&
3 Nutrition
Clients

Served 8 individuals
over five Spouse
Sessions

Served 131 individuals
over 15 Unit
Education
Sessions

Served 35
individuals in two
Resiliency
Trainings

Served
170 over six
occurrences with
Crisis
Intervention



348
1:1 counseling
sessions
held

Served 21
couples in five
Stronger
Together
Workshops



Served 106 individuals
over 9 occurrences of First
Responders Support
Team (FRST) Meetings -
Collaborating community
providers and
stakeholders

Served 121
individuals over seven
Law Academy
role play
sessions

Served 141
individuals in six
Peer Support
Training
Workshops

Numerous
monthly
support
groups
participants

Served 132
individuals
over 8 Suicide
Prevention
Trainings

2021 COMMUNITY PARTNERSHIPS



APPRECIATION EVENTS

"Diversifying our revenue is partnering with various community revenue sources." Al Batschelet
FRF CEO & President

McDonalds - Coffee with a Cop Elkhorn
Omaha's Rally for the Responders
9/11 Stair-Climb

UP Ties Chalk It UP for First Responders

Stephen - guest blogger

Jason Workman - Civilian of the Year DCSO

Nomi Health - video Partnership

Save Lives Like A Girl

Maha

First Responders Royale Paintball Tournament

Rock Solid For Jesus - United in Christ Easter Event

Do Good Week/Giving Tuesday

Verizon Appreciation Meals for first responders

In Memory

Dr. Joseph Stothert

Anne Tedesco

Jeff Boyden

David Domayer

Dolores Lanese

Harold Yates

Henry Whitney

Roger C. Elliott, Sr

In Honor

Emily & Jeremy Clapham
Officer Jeffery Wittstruck

Please accept our apologies if we have inadvertently omitted a name.
Every gift is important to us and greatly appreciated.

Fundraisers

Paul Davis Golf Tournament

Taco Johns

Nationwide Ride

SBRA Golf Tournament

Council Bluffs Chapter Pickleball Tournament

Full Fledged Brewery Amber Ale

eCreamery

Suburban Rotary

K Rush It Golf Event

Golden First Responders Flag

Altar'd State Village Point

SPECIAL THANK YOU'S

thank
you

Dear First Responders Foundation,
Thank you so much for choosing me to be a recipient of the 2021 First Responders Scholarship. What you do for first responders is so generous and made a large impact on my life. It's nice to know you support our men and women in blue, and you provide educational opportunities for their children. I can't wait to impact the first responder community in my future endeavors. Sincerely, Cassidy Smith

Just wanted to
thank you
for being so nice.

Thank you for choosing me as one of the recipients of the scholarship. Also thank you for giving me the opportunity to throw out the first pitch at the storm chasers game.

Thanks, Carter

Thank
You

"I want to thank the JAVELAN program for training Mat. He senses what I need and he is there for me. I can't honestly say where I would be today had Mat not come into my life."

Shane

THANK
YOU

First Responder's Foundation,
I would like to thank you dearly for selecting me as one of your recipients for this scholarship. Such an awesome organization you are! I am honored to have been selected.

I promise this scholarship will go to great use in my schooling!
Thank you all very much!

- Scholarship Recipient
Mason Ingram

"Thank you again for your help, Brian. My husband said today was the first time in two weeks our son left school not catatonic with anxiety. He's also been teaching his sisters some of what he has learned. And he is really looking forward to the next (Gracie Jiu-Jitsu) Bullyproof lesson!"

Thanks
Gracias
THANK YOU
Merci
Much Appreciate
So Grate

Thank you for your courage and commitment! I hope you feel appreciated and encouraged each day - and if you don't, let this note remind you of the gratitude of the public. May God bless and protect you and your loved ones. Sincerely,

"Attending the Peer Support Training got me thinking how I can help others, as well as process my own stuff."

DONORS

\$25,000 & ABOVE

Dr. CC & Mabel L Criss Memorial Foundation
Fahey, Mike
Gary Sinise Foundation
Gordman, Nelson and Linda
Kim Foundation
Sherwood Foundation
WoodmenLife

\$24,999 - \$10,000

American Charitable Foundation
American Legion Post No 373 Inc
Anonymous
Beemer American Legion Post #159
BlueCross BlueShield of NE
Girl Scouts Spirit of Nebraska
Hawks Family Charitable Fund
Ivan Carlson
Omega School of Gymnastics, Inc.
Paul Davis Systems of Omaha Inc.
Sederstrom, Charles
St. Robert Bellarmine Church
State Farm

\$5,000 - 9,999

Catholic Health Initiatives
Chick-fil-A of Greater Omaha
Bob Vance Farmers Insur. Agent
Highline Warren
Midlands Community Foundation
Omaha Northwest Rotary Foundation Inc
Omaha Steaks
Robinson, Edward & Lida
Southwest Iowa Association of Realtors
The Department of Surgery at The University of Nebraska Medical Center
Wounded Warriors Family Support Inc
Young, David & America

\$2,000 - 4,999

Altr'd State - Village Pointe
Applied Underwriters
Black Hills Energy Foundation
Clark, Kimara
Gates, Gary & Kathy
Greater Omaha Chamber of Commerce
H&H Automotive LLC
K Rush Golf Event
Kiewit Corporation
Larue Coffee Charitable Foundation
MCM Jr. Insurance Inc / Farmers Insurance
Millard American Legion Post Rider #374
Mutual of Omaha
Nebraska Medicine
Nelson, Robert & Betsy
OPPD
Peter Kiewit Foundation
PIP Printing Co
Pottawattamie County Community Fdn
Schard, Wilfred
Sensible Websites
Southern Glazer's Wine & Spirits Charitable
Stolp, Carol
Strongcover Productions.
Suburban Rotary Club Charitable Fdn
Texas Roadhouse Intermediary LLC
The Cure
Valmont
WoodmenLife #16

\$500- \$1,999

Access Bank
Art Jetter Company
Availa Bank
B&D Turf Cars LLC
Bark Club LLC
Basanko, Ksenia
Basham, J Keith & Stephanie
Batschelet, Allen & Terri
Brown, David
Buckeye Partners LP
Cahill, Jim
Chauncey, Parker
City of Omaha Law Department
City of Omaha Police Dept
Clark Drywall Inc
College World Series of Omaha
Commercial Flooring Systems
Conagra Brands
Cox Communications
De Roin, Twink
Drake-Williams Steel Inc.

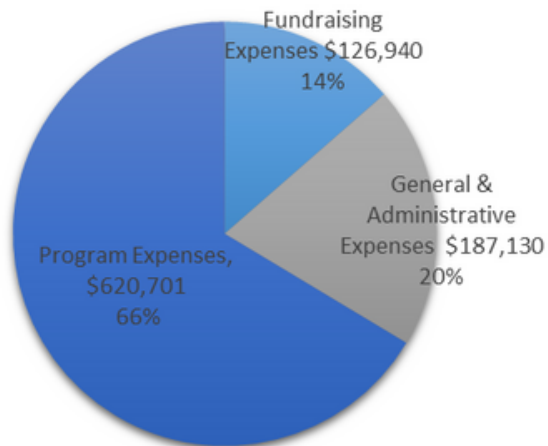
Elliott, C&B
Enterprise Holdings
First National Technology Solutions
Fraternal Order of Eagles 4168
Grand Chapter of Nebraska
Gretna Fire and Rescue Department
Heinemann, Tom
Hoberman, Gerald & Leslie
Hoffman, Silvia
Holland, Timothy & Jonna
Idelman, Steven & Sheri
Kaslow, Howard
Kay, Debra
Knights of Columbus Assembly #2540
Koraleski, Jack (John) & Stephanie
Lougee, Nancy
Microsoft
Nationwide Bike Ride
NCAA
Nestle Purina
Northwestern Mutual Wealth Mgmt Co
- Rob Randels
Omaha Broadmoor
Omaha Running Club
Omaha World Herald
Paypal
QuickTrip Corporation
Ricketts, J Peter
Rock Solid for Jesus / Nevarez, Ruth
Schwartz, Dr. Anthony
SecureSky Inc
Simon, Todd & Betiana
Sityodtong USA
Smith, Paul & Annette
Sommer, Leonard
Steiner, Gary A
Stoddard, Lynda
The Scoular Foundation
United Seeds Inc.
University of Nebraska at Omaha
University of Nebraska Foundation
Versaw, Robert
Walmart
Ward, M. E.
White, Lori
Wier, Susan



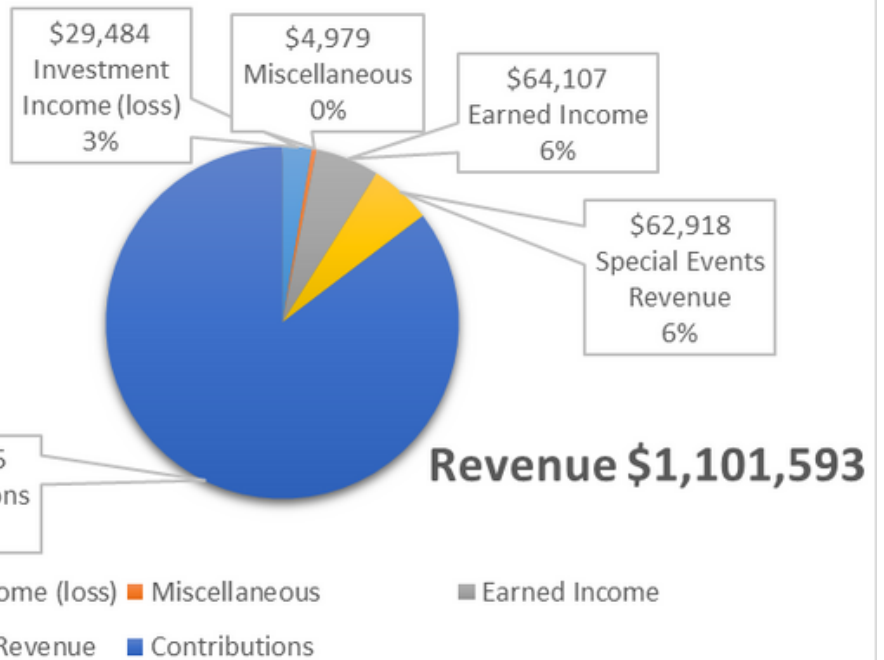
Please accept our apologies if we have inadvertently omitted a name.
Every gift is important to us and greatly appreciated.

FINANCIALS

Expenses \$934,770



■ Fundraising Expenses ■ General & Administrative Expenses ■ Program Expenses



FIRST RESPONDERS FOUNDATION

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