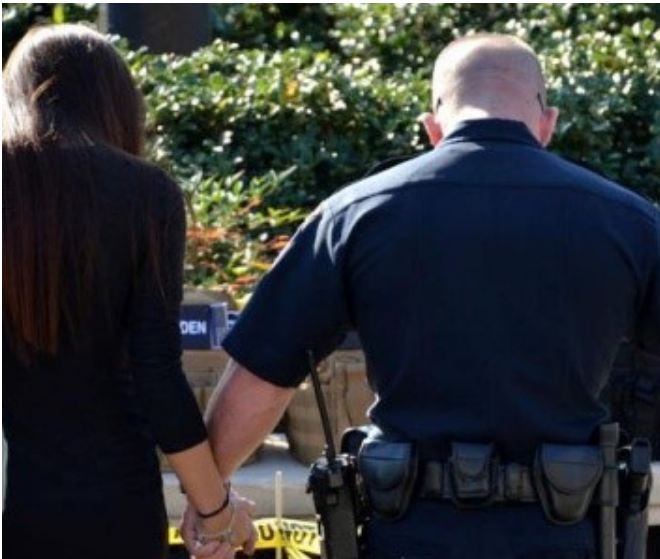




First Responders Foundation



STRONGER TOGETHER WORKSHOP

November 5th
8:00am-12:00pm

STRONGER TOGETHER is a proactive workshop for First Responders.

This is for First Responders and their significant support person in their life, to prepare for traumatic/critical events together. Together you will walk through this training learning how traumatic/critical incidents affect yourself, your families, and your friends. Participants will learn how these experiences can have a short-term or permanent, long-lasting effect on individuals. By the end of this training, each person will learn how to recover, heal, and strengthen personal resiliency following traumatic events by working stronger together. This free 4-hour class may extend careers, marriages, relationships, and life!



Scan to register for
this **FREE** Training

For more information visit www.firstrespondersfoundation.org. To register scan the QR code, email FRST@firstrespondersfoundation.org or call 402-218-1234 then press #2.

